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Beyond Anger A Guide

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Stephanie Covington, Ph.D., L.C.S.W. • Beyond Anger and ...

Beyond Anger: A Guide for Men (Revised) by PhD Thomas J. Harbin, 9780738234809, available at Book Depository with free delivery worldwide.

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The program stresses how to take action, deal with feelings, and make positive progress. The complete curriculum includes a facilitator's guide, a video, and reproducible handouts. Beyond Anger helps corrections clients: Identify sources of resentment and anger and develop strategies to move beyond them to forgiveness.

Hazelden Store: Beyond Anger Curriculum with DVD

Beyond Anger: A Guide for Men: Men tend to express their anger differently than women do. Research shows men are often more violent and less willing to confront and deal with their emotions than women. Written by a psychologist who specializes in the treatment of male rage. ...

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